

November 2024 Bremen Township Senior Cafe 15350 Oak Park Ave., Oak Forest (Bldg. C) ~ **708-687-8220**

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Funded in Partnership w/ AgeOptions</p> <p>Visit our website: www.bremementownship.net</p>	<p>Call for a Reservation 1 week in advance: (708) 687-8220</p> <p>Same-day spots may be available, Call & ask us!</p>	<p>Lunch is served at NOON Café Opens 11:15am</p> <p>\$4.00 donation requested</p>	<p>1</p> <p><i>Hot Coffee & Tea Always Available</i></p> <p><i>Choice of 1% milk or juice with Lunch</i></p>
<p>4 Chair Yoga Core 11am</p> <p>Baked Meatloaf Cauliflower Mashed Potatoes, Wheat Roll</p>	<p>5 Election Day Game Day</p> <p>BBQ Pulled Pork on Bun Oven Fries & sides Warm apple crumble w/Whipped cream!</p>	<p>6 Chair Yoga, 11am, Bldg A</p> <p>Glazed Chicken Thigh Scalloped potatoes Baked Beans <i>2pm Veteran's Coffee Hr.</i></p>	<p>7</p> <p><i>Bingo 9:30am-Bldg A</i></p>	<p>8</p> <p>Please come to socialize & enjoy a hot meal!</p>
<p>11 Veterans Day</p> <p>No Lunch Today No charge to Vets for Lunch <u>this Wednesday</u></p>	<p>12 Puzzles/Games 10:30am Cafe</p> <p>Chicken Cheddar Broccoli/Rice Casserole Cauliflower, wheat roll, & more</p>	<p>13 Veterans Lunch Today: <i>-No charge for Vets*</i></p> <p>Salisbury Steak/Gravy Mashed Potatoes, Dinner roll</p> <p>*Reserve by Nov.6 please!</p>	<p>14</p> <p><i>Bingo 9:30am-Bldg A</i></p>	<p>15</p> <p>Choice of Milk or Juice served with your Lunch!</p> <p>Coffee Included too!</p>
<p>18 Chair Yoga Core 11am</p> <p>Roast Turkey & Gravy Bread Stuffing Baked Sweet Potatoes</p>	<p>19 Holiday Coloring 11am Cafe</p> <p>Spaghetti & Meatballs Mixed Salad greens Multi-grain bread</p>	<p>20 Chair Yoga, 11am, Bldg A</p> <p>Hamburger & bun <i>German Potato Salad</i> Green beans & more <i>2pm Veteran's Coffee Hr.</i></p>	<p>21</p> <p><i>Bingo 9:30am-Bldg A</i></p>	<p>22</p> <p>Save money and buy a 10- Lunch Punch Card \$35 for 10 = \$3.50 per Lunch!</p>
<p>25 Chair Yoga Core 11am</p> <p>Holiday Menu! Roast Turkey & Gravy Bread Stuffing Green Bean Casserole Dessert</p>	<p>26 Puzzles/Games 10:30am Café</p> <p>BBQ Riblet, Bun Oven Fries Black beans & corn Fresh fruit</p>	<p>27 Chair Yoga, TBD</p> <p>Hot Roast Beef Mashed Potatoes/gravy Fresh Orange Vegetables & bread</p>	<p>28</p> <p>Happy Thanksgiving!</p> <p>No Lunch or Bingo today</p>	<p>29</p> <p>LUNCH SERVED AT 12 NOON</p> <p>to Guests age 60+</p>

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