

November 2017 Bremen Senior Lunch Program 15350 Oak Park Ave., Oak Forest ~ 687-8220

Monday	Tuesday	Wednesday	Thursday	Friday
<p>LUNCH SERVED AT 12 NOON to Guests age 60+</p> <p>\$4.00 donation requested, but not required</p>	<p>Call for a Reservation 1 week in advance: (708) 687-8220 (by 1pm Tues. of previous week please)</p>	<p>1</p> <p>Hot Dog on a Bun!! Diced Potatoes Fruit Mahjongg 10:15am</p>	<p>2</p> <p>Southern Style Pork w/ Gravy (breaded) Mashed Potatoes Biscuit</p>	<p>3 BINGO! at Senior Ctr.</p> <p>Lemon Pepper Whitefish Roasted Red Potatoes</p> <p>Bingo 9am-Noon, then Lunch</p>
<p>6</p> <p>Smoked Sausage Scalloped Potatoes</p> <p>Amer.Mahjongg 10am</p>	<p>7 Taco Lunch!</p> <p>Ground Taco Beef w/ tortilla Spanish Rice, tossed salad</p> <p>Show & Tell, after lunch</p>	<p>8</p> <p>Chili Mac Cole Slaw, Corn Bread</p> <p>Mahjongg 10:15am</p>	<p>9</p> <p>Chicken a la King Brown Rice Roll & Fruit Juice</p>	<p>10</p> <p>Closed in Observance of Veteran's Day</p> <p>No Bingo, No Lunch Today</p>
<p>13</p> <p>Chicken Italiano/red sauce Brown & Wild Rice</p> <p>Amer.Mahjongg 10am</p>	<p>14</p> <p>Meatballs w/Mushrm Sauce Pasta Rye Bread</p>	<p>15</p> <p>Chicken w/ mild Cajun cream sauce Oven Browned Potatoes</p> <p>Mahjongg 10:15am</p>	<p>16 Reserve early!</p> <p>Prime Rib au jus Rosemary Red Potatoes</p> <p>Senior Field Trip-Sold Out Prevent Heart Attacks 11am</p>	<p>17 Bingo! at Senior Ctr.</p> <p>Baked Tilapia Cheesy potatoes</p> <p>Bingo 9am-Noon, then Lunch</p>
<p>20</p> <p>Baked Ham Sweet potato Rye bread Amer.Mahjongg 10am Show & Tell after lunch</p>	<p>21</p> <p>Turkey w/ Gravy Mashed potatoes Green beans</p>	<p>22</p> <p>Stuffed Cabbage Rolls Garlic Mashed</p>	<p>23</p> <p>Happy Thanksgiving!</p> <p>No Lunch Today</p>	<p>24</p> <p>Thanksgiving Holiday</p> <p>No Bingo No Lunch</p>
<p>27 Final Brain Health@ SC</p> <p>Beef Stew Mashed potatoes</p> <p>Amer.Mahjongg 10am 10:30 Brain Fitness!</p>	<p>28</p> <p>Pork Chop w/ gravy Au gratin potatoes</p> <p>Show & Tell, after lunch</p>	<p>29</p> <p>Chicken Tetrazzini Noodles</p> <p>Mahjongg 10:15am</p>	<p>30</p> <p>Meatballs & Spaghetti French bread & more</p>	<p>Funded in Partnership w/ AgeOptions</p> <p>Visit our website: www.brementownship.net</p>