

December 2024 Bremen Township Senior Café 15350 Oak Park Ave., Oak Forest, Bldg C ~ **708-687-8220**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Chair Yoga Core 11am Bldg A</p> <p>Bratwurst Diced Potatoes Carrots, Rye bread!</p>	<p>3</p> <p>Chicken Chardonnay Broccoli, mashed potatoes Chocolate Pudding!</p>	<p>4 Chair yoga 11am, Bldg A</p> <p>Texas Chili <i>So good</i> Mac & Cheese <i>mixed</i> Veg, Bread & more! <i>Together!</i> <i>2pm Veteran's Coffee Hr.</i></p>	<p>5</p> <p><i>Bingo 9:30am-Bldg A</i></p>	<p>6</p> <p>Funded in Partnership w/ AgeOptions</p> <p>\$4.00 Donation Requested, but not required</p>
<p>9 Chair Yoga Core 11am Bldg A</p> <p>Slow Roasted Beef+Gravy Mashed Potatoes Brussels Sprouts & more</p>	<p>10 Holiday Coloring @Cafe 12:30pm w/ Cocoa!</p> <p>Turkey Pot Roast /Gravy Baked Potato Vegetable, bread & fruit</p>	<p>11 Chair yoga 11am, Bldg A</p> <p>Spaghetti & Meatballs Wheat Vienna Bread Broccoli, Chilled Peaches</p>	<p>12</p> <p><i>Bingo 9:30am-Bldg A</i></p> <p><i>New Customers welcome on New Year's Eve!</i></p>	<p>13</p> <p><i>Hot Coffee & Tea Always Available</i></p> <p><i>Choice of 1% milk or Juice with Lunch</i></p>
<p>16 Chair Yoga Core 11am Bldg A</p> <p>Baked Meatloaf w/ Gravy Cauliflwr Mashed Potatoes Wheat Roll, mixed Veg's</p>	<p>17 Bd.Games 11am, Cafe</p> <p>BBQ Pulled Pork / Bun Oven Fries Carrot Raisin Salad</p>	<p>18 Chair yoga 11am, Bldg A</p> <p>Glazed Chicken Thigh Scalloped Potatoes Baked beans, Jello, bread <i>2pm Veteran's Coffee Hr.</i></p>	<p>19</p> <p><i>Bingo 9:30am-Bldg A</i></p>	<p>20</p> <p>Friendly people Dine here...</p> <p><i>Please join us!</i></p>
<p>23 No Yoga today</p> <p>HOLIDAY MENU!</p> <p>Baked Ham w/ Sauce Baked Potato/Rye bread Dessert!</p>	<p>24</p> <p>Christmas Eve</p> <p>No Lunch Today</p>	<p>25</p> <p>MERRY CHRISTMAS!</p> <p>No Lunch Today</p>	<p>26</p> <p><i>Bingo 9:30am-Bldg A</i></p>	<p>27</p> <p>Reservations Appreciated</p> <p>708-687-8220 A week or more in advance, when possible</p>
<p>30 No Yoga today</p> <p>Roast Turkey & Gravy Bread Stuffing Baked Sweet Potatoes</p>	<p>31 New Year's Eve! Arrive by 11:50 to Countdown to Noon! & Pizza Party Reserve by Dec. 23!</p>	<p>LUNCH SERVED AT 12 NOON to guests age 60+</p>	<p>1% Milk Served with each meal</p> <p>Coffee included too!</p>	<p>Funded in Partnership w/ AgeOptions</p> <p>\$4.00 Donation Requested, but not required</p>

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